Bilqis Amatus-Salaam is the Wellness Coordinator for General Wellness Promotion at the Center for Health Education and Wellness. She completed her Master in Public Health in 2015 with a focus on sexual health and college student health. In her role at UT she focuses on cold and flu prevention, stress reduction, sleep promotion, nutrition, and sexual health.

John Nolan has represented SunTrust Bank in Knoxville since April 2014. Being named a SunTrust Purpose Ambassador in both 2018 and 2019, he delivers financial confidence through various non-profit organizations including the Knoxville Area Urban League and Junior Achievement throughout East Tennessee using Financial Literacy Education. When he is not teaching budgeting, saving and credit-building skills, he enjoys spending time with his wife of 15 years, Rebecca, their 12-year-old son, Alex, and their three year-old Golden Doodle, Penny.

An East Tennessee native, Trey Ogle is a graduate of The University of Tennessee’s Haslam College of Business, where he studied finance and entrepreneurship. Now in practice with Northwestern Mutual, he builds lasting relationships and helps clients create comprehensive financial plans suited to their individual goals and dreams. Outside of the financial arena, Trey serves as a Loaned Executive with United Way of Greater Knoxville, is active in various community organizations, and is an accomplished organist, performing throughout the year and serving weekly at his church, Central Baptist Bearden.

Moderator: Philippa Satterwhite, currently the Coordinator of Wellness and Education at One Stop with the University of Tennessee, Knoxville. She has over a decade of professional experience in higher education, with a Bachelor of Arts in English and a Master of Arts in Philosophy from Howard University in Washington DC. Her primary responsibility is the creation, implementation and oversight of the Center for Financial Wellness. She is a strong believer that we are what we repeatedly do and that financial wellness is not an act but a habit. She is really excited about helping students learn the habits of financial wellness.